



February was an eventful month. The roadshow conducted between the 27th and 28th of February saw an overwhelming response. Conducted at New Woodlands Hotel, Chennai, our roadshow garnered a healthy crowd, prompting us to visit the next hub - Bangalore



Coimbatore

Meet us  
in Bengaluru

27 & 28 MAR 2021 (Saturday, Sunday) 11AM to 7PM

GM Rejoz, 8th Cross 8th Main MALLESHWARAM



If you or your near and dear are in Bangalore, do visit our next road show to know more about your possibilities of a hearty and happy retirement.



For Appointments Call  
**78689 10999**  
**83444 90444**

3D



Reality



**In our world, reel and real are the same.  
We rendered a beautiful villa in 3D, and brought it to life.**

The villas at Pavithram are inspired by European designs. The beauty of detail captured in 3D has been brought to life in real as well, because we believe in delivering what we promise.

**SUPER HERB OF THE MONTH**

#PavithramHealthTip

**Ashwagandha**

- ✓ Enables a good nights sleep
- ✓ Relaxes the mind
- ✓ Reduces stress
- ✓ Reduces blood sugar levels



Call: 83444 90444  
www.pavithramseniorliving.com



**HEALTH CORNER**



**Foods that fight INFLAMMATION**



*Foods that fight INFLAMMATION*

- ✓ Tomatoes
- ✓ Leafy greens
- ✓ Nuts
- ✓ Fruits

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**Did You Know?**



**CK Prahlad**, a world renowned Management Guru is from Coimbatore. In fact the C in his name stands for Coimbatore. His full name is Coimbatore Krishnarao Prahalad. He completed his schooling at Suburban High School in Coimbatore before moving to Loyola College to pursue higher studies.

**Siruvani** is often dubbed as the 'Sweet pride of Coimbatore' owing to the pleasant taste of water. The entire city of Coimbatore enjoys the taste of this water since the Siruvani dam is the primary source of water supply for the city.

**The Sweet Pride of Coimbatore**



**Making the world a better place**

**Hope After Fire - A Noble service project by Ganga Hospitals, Coimbatore.**

Ganga Hospital and the Rotary Club of Coimbatore Metropolis, have joined hands to conduct reconstruction surgeries for burn victims absolutely free of cost. This initiative aims at not only enabling victims to go about doing their day-to-day activities, but also gives them a new lease of life and hope to look forward to a fruitful future.

On the 10th of March, Ganga Hospital organised an event to launch the third phase of this initiative and recognized the noble people who have worked tirelessly to contribute towards 955 successful and FREE reconstructive surgeries on 500 burn victims.

We are happy and extremely proud to let you know that Pavithram is tied up with Ganga Hospital for our resident care for any orthopaedic care and support.

Rotary  ROTARY CLUB OF COIMBATORE METROPOLIS

Co-sponsoring Medical Organisation  
**GANGA**  
MEDICAL CENTRE & HOSPITALS PVT LTD



**FREE**  
Reconstructive  
Surgery  
for Burn Deformities

'நம்பிக்கையோடு நாளை'

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**VEERARAGHAVAN & CO**  
R.S Puram, Coimbatore